**Email to staff / volunteers**

As you are aware, we have taken the Choose Kindness pledge.

Choose Kindness is a city-wide movement which champions the power of kindness. It emphasises how no matter how big or small, one kind act can impact significantly on everyone’s wellbeing, enhancing Doncaster as a vibrant and welcoming city for all.

At **(name of group),** we pride ourselves on our warm and welcoming environment where kindness is important to one another and to the people we work with.

Taking the pledge reinforces our values as a group. This is reflected in the pledge with the following points:

* Embed a culture of acceptance, tolerance and respect within our club/group
* Protect the physical and mental health of our members/volunteers
* Encourage empathy and respect among all our members/volunteers
* Challenge instances of unkindness (where appropriate and safe to do so)
* Embed kindness in our policies and procedures

Please continue the good work to promote kindness in all we do and also celebrate and champion it when you come across good examples. If you would like to share a kind act you’ve experienced, you can do so by visiting [Tell us about a kind act](https://forms.office.com/Pages/ResponsePage.aspx?id=wCoeBPMz3k-4qTOnH35ssqnWUOIHSmtBlbHIUsrsCA9UM0hSUkk5QkdGVU9KWkJDSFIyMVJaQzNCTi4u)

You may wish to collate some vox pops from people about what kindness means to them which would be great to share on our channels.

You can also take the Choose Kindness pledge individually – and spread the word to family and friends – at [Choose Kindness - YourLifeDoncaster](https://www.yourlifedoncaster.co.uk/choose-kindness)

Let’s continue to Choose Kindness in all we do.